## Menstrual Hygiene Management Day Date: 28/05/2022

The Women cell of RBANM's First Grade College observed the Menstrual Hygiene Management Day on 28/05/2022 at 10.30 am in the AV room. All the lady faculty members and girl students attended the programme. The programme started by the invocation song by Ms. Pushpalatha Dept of Kannada followed by inaugural address by Ms. Priya K Women cell co-ordinator. Ms. Priya K briefed about the significance of Menstrual Hygiene and the reason for choosing 28th of May as Menstrual Hygiene Management Day. All the lady faculty members gave some valuable tips to overcome the menstrual trauma.

A small video was played which gave information about menstrual hygiene. Ms. Mahalakshmi K S gave a presentation about menstrual health. Students shared their views and queries on their menstrual experiences which were clarified by the faculty members. Students enjoyed the interactive session. The programme concluded with vote of thanks by Ms. Asha A and distribution of eco-friendly menstrual products to the students.





Welcome Address by Ms.Mahalakshmi.A Dept.of Political Science



Presentation by Ms.Mahalakshmi.K.S Dept.of Comm and Mgmt.



Distribution of Eco Friendly Menstrual Products by Women Cell Co- Ordinator Ms.Priya.K Dept.of Comm and Mgmt.

Co-ordinator Prof. Priya K Principal Dr. Prathap